



## **Wound Care Following Biopsy or Excision**

### **Do not wet the wound for 24-48 hours**

- After 24 hours you may wet the wound. If the wound gets too saturated then pat it dry with a clean tissue.
- A pressure dressing has been applied on top of an underlying dressing. If there are no issues with bleeding, leave the underlying dressing on, but remove the pressure dressing on top after one day.

If you wish to change the dressing then follow these steps below;

1. Clean wound with one teaspoon of salt added to one cup of water using a piece of gauze or clean cotton tip. Then pat dry with a clean tissue.
2. Apply a small amount of Vaseline to the wound/suture site.
3. Place a piece of Hyperfix dressing (supplied) along the suture line.
4. It is not necessary to do this daily, as it is best if the wound is not disturbed too much.
5. Signs of infection include pain, swelling, redness or discharge present in the area. See below;

The area may drain clear fluid, and you may notice some white material in the base of the wound and a thin rim of redness around the wound as it heals. The wound may also develop a crust or scab. These developments are normal.

If the wound becomes very tender or swollen with increasing redness, or if pus drains from the wound, this may be a sign of infection. If this occurs, please call us on (02) 9966 9667 during business hours.

If the wound continues to bleed, please apply firm pressure with a clean cloth or gauze and elevate the area, if possible for 20-30 minutes. If the bleeding does not stop, then please contact us on (02) 9966 9667.